



2019 CASE MANAGEMENT



Life can feel overwhelming at times. Talking with someone and receiving guidance on community services and resources for your child and family can be helpful and alleviate some of your stress.

Meet individually with VELA's Licensed Clinical Social Worker, Nadine Rueb, to receive Supportive Case Management.

Topics may include the following:

- Problem solve family/school needs
- Prepare for school meetings (ARDs) and other medical appointments
- Connect to community resources (therapies, respite, insurance, etc.)
- Learn self-care techniques

What to expect:

Step 1: Brief phone Intake (15 min.)

Step 2: Schedule in-office appt. at VELA office (1st visit 90 mins / 2nd visit 60 min.)

Scheduling:

Call Nadine at [512-221-7997](tel:512-221-7997) to schedule an appt. on Tuesdays and Thursdays 10am-2pm
(No childcare is available)

*Please leave a voicemail and you will receive a return call within one week.

Vela is a nonprofit that empowers families of children with special needs through hands-on information, support, and community building.

4900 Gonzales St. Austin Tx 78702

*Bus Route #4

velafamilies.org